

**CYO Coaching Requirements:** CYO website: <http://cyosports.blogspot.com/>

- Safe Environment Program Training: (all coaches required, head and assistant)
  - If you are a first year coach, you are required to complete within 90 days of contact with youth in practice.
  - If you are a returning coach AND have NOT already taken your SET class – you are not allowed to coach until you have taken your initial SET 3 hour training course.
  - If you are a returning coach AND you HAVE taken your initial SET class – you are required to take the online refresher course within 90 days of contact with youth.
  - Please follow the link above to the CYO website for training dates and times offered.
- Play Like a Champion Training: (all coaches required, head and assistant)
  - If you are a first year coach, you are required to complete within before you coach another season (could be soccer the following year, or basketball this year)
  - If you were an assistant coach last year, you have to complete the PLACT class in the same amount of time listed above.
  - You CANNOT avoid taking PLACT by switching your role from head coach to assistant coach.
  - Once you have taken this course, you DO NOT have to take it again.
  - Please follow the link above to the CYO website for training dates and times offered.
- CYO coaches meeting:
  - Follow the link above to the CYO page for your current seasons meeting dates, times and location.
- The Zachary Lystedt Law (concussion law):
  - Video shown in CYO coaches meeting
  - If you were not the representative that attended the coaches meeting held by CYO, you are responsible for watching the online training session on your own. Instructions on how to watch the 15 minute online training session are listed on the CYO website under coaches trainings.

**Villa coaching requirements:**

- Villa Volunteer Training:
  - All coaches are required to take this training every year BEFORE the season begins.
    - \*Exception: Soccer season – This is because the first training is usually not offered until mid-September and most teams have started practice already at this point. The coach must have attended Villa Volunteer training in the previous year to hold practice before they attend the one of the September sessions. If the coach did NOT attend a Villa volunteer training session in the previous year, a parent who did attend a session in the previous year must be present at all practices and games until the coach can attend their training session. This is very important to the safety of our kids as well as making sure that we are in compliance with our insurance coverage.
  - Background checks will be taken care of at this training.
  - Dates offered for 2009/10 school year:
    - Tues. 9/22/09 6:30 pm
    - Wed. 9/23/09 1:15 pm
    - Thurs. 10/1/09 8:45 pm
    - Tues. 10/6/09 7:00 pm
    - Wed. 10/7/09 6:30 pm
    - Mon. 10/12/09 2:00 pm
    - Fri. 11/6/09 7:30 am (last training offered to qualify to coach for the basketball season)
    - Tues. 1/26/10 2:00 pm & 6:30 pm (last training offered to qualify to coach for volleyball, track & field and ultimate Frisbee for the 2010 seasons AND last chance\* to qualify for coaching soccer in the 2010 season)
      - \*read exception in above paragraph
- Villa coaches meeting: (TBA each season)
  - One coach from each team must be at this meeting.
  - Obtain waiver forms (if not already provided with them via email) if you know that you have athletes on your team from other schools.