



## **VILLA ACADEMY CYO SPORTS LATE REGISTRATION POLICY**

**This policy applies to forms received past the stated date for registration specified for each sport.**

Any forms received after the stated due date will be specifically handled by the CYO Athletic Director per the guidelines below:

- If more players are needed to fill a team roster the late fee\* may be waived.
- If a team is at its roster maximum allowed by CYO, late registration will be denied.
- If the number of players exceeds an “internal count” which allows desirable playing time for each player, late registration may be denied.

\*Students who register for a sport past the published due date will be charged a late fee. This late fee is in place to encourage parents to register on time and to ease the process of registration. See below for sport specific late fee details.

  
**V/Ia**  
 A C A D E M Y  
 Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

<b>Symptoms may include one or more of the following:</b>	
<ul style="list-style-type: none"> <li>• Headaches</li> <li>• “Pressure in head”</li> <li>• Nausea or vomiting</li> <li>• Neck pain</li> <li>• Balance problems or dizziness</li> <li>• Blurred, double, or fuzzy vision</li> <li>• Sensitivity to light or noise</li> <li>• Feeling sluggish or slowed down</li> <li>• Feeling foggy or groggy</li> <li>• Drowsiness</li> <li>• Change in sleep patterns</li> </ul>	<ul style="list-style-type: none"> <li>• Amnesia</li> <li>• “Don’t feel right”</li> <li>• Fatigue or low energy</li> <li>• Sadness</li> <li>• Nervousness or anxiety</li> <li>• Irritability</li> <li>• More emotional</li> <li>• Confusion</li> <li>• Concentration or memory problems (forgetting game plays)</li> <li>• Repeating the same question/comment</li> </ul>

<b>Signs observed by teammates, parents and coaches include:</b>
<ul style="list-style-type: none"> <li>• Appears dazed</li> <li>• Vacant facial expression</li> <li>• Confused about assignment</li> <li>• Forgets plays</li> <li>• Is unsure of game, score, or opponent</li> <li>• Moves clumsily or displays incoordination</li> <li>• Answers questions slowly</li> <li>• Slurred speech</li> <li>• Shows behavior or personality changes</li> <li>• Can’t recall events prior to hit</li> <li>• Can’t recall events after hit</li> <li>• Seizures or convulsions</li> <li>• Any change in typical behavior or personality</li> <li>• Loses consciousness</li> </ul>

**What can happen if my child keeps on playing with a concussion or returns to soon?**

V//IIa  
ACADEMY  
Concussion Information Sheet

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

**If you think your child has suffered a concussion**

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

"a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time"

and

"...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider".

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

\_\_\_\_\_  
Student-athlete Name Printed

\_\_\_\_\_  
Student-athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Legal Guardian Printed

\_\_\_\_\_  
Parent or Legal Guardian Signature

\_\_\_\_\_  
Date

# Player Code of Conduct

## *As an individual:*

- I will develop my skills to the best of my ability and give my best effort in practice and competition.
- I will compete within the spirit and the letter of the rules of my sport.
- I will respect the dignity of every human being, and I will not be abusive or dehumanizing of another individual.

## *As a member of a team:*

- I will place team goals ahead of personal goals.
- I will be a positive influence on the relationships on the team.
- I will follow the team rules established by the coach.

## *As a member of society:*

- I will display caring and honorable behavior off the field and be a positive influence in my community and world.

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Signature of Player

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Date

## Parent/Spectator Code of Conduct

### *Remember (all spectators):*

- That the players are youth and are playing for their enjoyment, not yours.
- To remain seated in the spectator area during all contests.
- To respect decisions made by contest officials.
- Be a role model by positively supporting both teams and not by shouting instructions or criticism to the players, coaches, or officials. **Please do not coach from the stands!**
- Make no derogatory comments or gestures (including making noise to distract) to players, coaches, or fans of your own or the other team.
- Remember that adults set the example for the behavior of their team. If you see negative behavior, please try to appeal to their conscience at the appropriate time.

### *Penalties:*

- Participating teams and their coaches are responsible for the conduct of their spectators.
- Any spectator who displays poor sportsmanship may be removed from the event by an official/referee, their team coach, a host-site gym supervisor, a CYO Athletics Sports Commissioner or a CYO Athletics Administrative Official.
- Any spectator who interferes with the conduct of a CYO Athletics event may, at discretion of the spectator's parish/school or the CYO Athletics Advisory Committee, be barred from attendance at subsequent CYO Athletics events.

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Signature of parent

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Date